

WBL-PRO Professional Peer Network: The team talks with the professionals – Rositza Dimova, Burgas, Bulgaria

Today we are very happy to present to you **Rositza Dimova** from Burgas, Bulgaria – psychologist, Chairperson of the Burgas Municipality Council for narcotic substances, career counsellor, crisis consultant at the Mobile group for psychological support of the Ministry of Education and Science.



Please find below what she has shared with the WBL-PRO team:

1. Please share with us what the main advantages with respect to work-based learning are.

In the framework of the current labour market requirements and dynamics, work-based learning provides possibilities to everyone to be adequate to the nowadays conditions, to manage to cope with the challenges and to upgrade himself-herself. Work-based learning allows everyone to implement and improve his/her skills and thus to achieve self-confidence at the workplace. In our work which is based on prevention of young people, it is a challenge to be up-to-date and to reach their hearts requires to constantly search for new innovative methods and approaches.

2. Please share with us what the main challenges with respect to work-based learning are.

The main challenges in our work are related to the rapid change in the children due to the current technologies, their curiosity towards narcotic substances which often goes without sanction and not recognized as a powerful danger. It is difficult to find the way to them because there are no universal methods and the approach towards every class and every student should be individual – providing universal decision with individual approach.

3. Please describe any solutions with respect to challenges and/or weaknesses related to work-based learning.

We have elaborated different methodologies and tools that can support us in our relations with the young people. These methodologies and tools often help us in our work with the parents too. This can be achieved through constant work through work-based learning, participation in trainings aiming at learning through experiencing and their combination with other possibilities. This is the main milestone that gives us self-confidence and self-assurance to be sufficient in our work.

4. Please share what the most important knowledge, skills and competences for the work-based learning professional are according to you. What kinds of trainings are necessary to acquire them?

The most important thing in our work is to acquire the skill to observe everything around yourself and to see it through the eyes of the young people. We try to take advantage in our work from everything we see and read. It makes us learn and be adaptive to the rapid changes we witness. All types of trainings are useful to us - professional topics trainings, best practices exchange between colleagues, as well as other trainings for soft skills acquisition.

5. Please share information about work-based learning projects you are involved in - the name, the funding program, the main aims, the target groups, the intellectual outputs, link to website, facebook group, etc.

At the moment I participate in the projects EVN for Bulgaria and Ignite. I am also the author of the game Is it me? which I often implement in my work.

Please feel most welcome to like our facebook page and join the linkedin group to get acquainted with many best practices and other useful materials, tools and resources supporting the high quality performance of work-based professionals around Europe and beyond its borders!

This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License

